

A Parent's Blessing before a Game

(place a hand on your child's shoulder)

Bless this child, Lord, as he/she entered this competition. Defend him/her against injury and send your Spirit to guide him/her in playing his/her best. Strengthen his/her faith in your constant presence with us in both success and failure. Bring the team to victory in praise of your glory, now and forever Amen!

An Athlete's Prayer

Help me, O God, to be a good athlete and a good member of my team: to accept discipline and to train well, to play hard but to play fair, to play the game for the good of the team and not for my own honor and glory, to obey instructions without arguing, not to resent it if someone else is preferred, to be a credit to my team wherever I play and wherever I go. Thank you for making my body strong and help me to use my gifts of health and strength to give glory to you in this game and in everything I do. Amen

A Competitors Prayer

Help me, O God, to be a good competitor and a good member of my team: to accept discipline and constructive criticism well, to work hard & perform to my best potential, to perform my art for the good of the school and not for my own honor and glory, to obey instructions without arguing, not to resent it if someone else is preferred, to be a credit to my team whatever my role and wherever I go. Thank you for giving me my talent and help me to use my gifts to give glory to You in this performance and in everything I do. Amen